

# LAKE ERIE MEN'S LACROSSE COACHES CLINIC!

January 28 | 2017
FOR MORE INFORMATION contact the Storm Head Men's Lacrosse Coach Steve Gartelman at 440.375.7478 or sgartelman@lec.edu

#### ABOUT THE DAY

Our goal for the day is to give you, the local coaches and parents, an experience of growth and learning. We plan to answer all questions on schemes, practices, mentality and even strength and conditioning. Open to all coaches who attend is a 2hr practice featuring the LEC Men's Lacrosse team in order to observe what is discussed in the clinic.

#### WHO MAY ATTEND

Any Parent, Coach or even player looking to become a coach.

COST: \$25

#### REGISTRATION

Signature of Parent/Guardian:

Printed Name of Parent/Guardian:

Pre-registration is preferred but not required.

- Walk ups are welcomes!
- CASH & CHECKS ACCEPTED
  - Checks made out to....
  - LEC MEN'S LACROSSE

### **ITINERARY**

10:00AM - Meet and Greet with LEC Coaches

10:30AM - Observe LEC Men's Lacrosse Team Lift

Open Q&A During Lift Session

11:30AM - Chalk Talk & Open Q&A

We will attempt to answer all questions and will give some insight to how Lake Erie College MLAX operates.

1:00PM - LEC Team Practice Begins

- All in attendance for clinic are welcomed to observe practice.
- Open Q&A when Coaches are available.

3:00PM - More Q&A Available

7:00PM - MEET THE TEAM EVENT

@ Red Creek Grill - \$20 Cover

## **CLINIC LOCATION**

391 W WASHINGTON ST. Painesville, OH

College Hall / Austin Hall / Ritchie Gym / Osborne Center / Jack Britt

> -Osborne Center Address 300 Gillett St

-Jack Britt Stadium Address 301 Lattimore St.

## **Coaching Staff**

Steve Gartelman - Head Coach

- Defense / Offense / Goalies / FO

Devin Bushweller - Assistant Coach - Offense / FO

Connor Ryan – Volunteer Assistant Coach - Defense / FO



PLEASE RETURN THIS FORM TO: Lake Erie College | Attn: Men's Lacrosse | 391 West Washington Street | Painesville, OH 44077 LAKE ERIE COLLEGE Name Address City -7in Payment Method: Phone E-mail O Check Enclosed O Cash (make check payable to Lake Erie College Men's Lacrosse) Position For Office Use Only Experience School Check Number: \_ Check Date: Amount: The undersigned warrants and represents that he/she is a parent or legal guardian of \_ (hereinafter referred to as the "Camper") and that the undersigned possesses the authority to execute this Waiver of Liability/Release of Claims on behalf of the Camper. The Camper herein described has permission to engage in all camp activities except as noted. I hereby give permission to the camp to provide routine health care, administer prescribed medications, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for insurance purposes. I give permission to the camp to arrange necessary related transportation for me/my child. In the event that I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied for trips out of camp. I/We, the parent(s) of the above stated camper understand and acknowledge that there are inherent risks and dangers in the activities and programs offered by Lake Erie College Lacrosse. I/We hold Lake Erie College harmless of any accidents/injuries relating to the activities, programs, and transportation services rendered by the company. I/We release Lake Erie College of all legal responsibility and liability.

Emergency Number: \_\_\_\_