3 v 2 Clear/Ride

Goal:

- Breaking out wide
- Up field vision
- Turning D back

Description:

- Defense clears with 1 extra player
- Use d mids and poles as riders
- Ball starts with goalie on shot.
- D players breakout
- Must have 3 passes
- Riders look to force multiple passes.
- Clear to 50

Equipment:

- Balls
- Cage

Focus:

- 3 down players stay in line
- Breaking out wide
- Riders force D back

Don't let D pass more than 10 yards forward.

3 v 2 Clear/Ride

