



**Leagues (Field and Box), Camps, Clinic, College Recruiting, Travel Teams**

## **Our Instruction**

Over the years we have seen many clubs try to copy our instruction, practice plans and skills work but none have been able to have the success we have had. This is because of our professional staff, dedicated coaches, and **'Burning River Way'**<sup>TM</sup> philosophy.

**What does the "Burning River Way"<sup>TM</sup> mean?**

### **Exclusive Design**

Our **'Burning River Way'**<sup>TM</sup> practice plans were designed in conjunction with some of the top Division 1, 2, and 3 college coaches. These BR plans are based on plans those coaches have used to guide their teams to the success they have had in the NCAA playoffs. These college programs include: Syracuse, Maryland, Hobart, Notre Dame, Penn State, Georgetown, Mercyhurst, NYIT, Salisbury, Roanoke to name a few.

To update our **'Burning River Way'**<sup>TM</sup> plans we actually visit between 5 and 7 college programs each year to meet with their coaching staffs and view their practices. At these meetings, we discuss the latest player training developments, new skills drills, and key focus areas. We also get to discuss philosophy and receive feedback / input on our **'Burning River Way'**<sup>TM</sup> of doing things.

### **Exclusive Focus**

Unlike other clubs that just roll out a ball and scrimmage, our coaches' focus on providing top level instruction. We provide your son with the fundamental skills and lax IQ that college coaches have told us they want to see.

To do this we focus on providing instruction that:

- Maximizes the number of opportunities to develop the fundamental skills (shooting, dodging, footwork, body positioning, etc.) needed (high reps)
- Maximizes the amount of feedback and coaching provided (small groups)
- Maximizes the speed of play and decision making (intense)
- Maximizes the ability to read and react in game situations and developments (lax IQ)

### **Exclusive Training Offerings**

In addition to tournaments and practices, the following events are exclusive to our travel team members for their development. In some cases, we will allow non-travel team players to participate. We never allow our competitor's travel team players to attend.

- Fall and Winter Canadian box league – only one of its kind.
- Winter 'Burning River Way'<sup>TM</sup> skills – only one of its kind.
- Faceoff camp with John Schiavone – only one of its kind
- Winter Level 1 & 2 Shooting Clinics – only one of its kind
- Winter Level 1 & 2 Goalie Clinics – only one of its kind
- Winter conditioning camps – only one of its kind
- Winter Recruiting Seminar – only one of its kind
- Youth lacrosse coaching opportunities – a great way to improve your knowledge of the game.

Our dedication, commitment, and focus on growing lacrosse opportunities has allowed us to develop a unique training and development system unavailable at any other club program. This has allowed us to develop our players to their full potential. Our players benefit from being with the leader in lacrosse development. To see our results see ***Our Awards page*** at [http://www.brilax.net/template\\_awards.cfm](http://www.brilax.net/template_awards.cfm).